

**JOHNSON COUNTY SHERIFF  
JOB TITLE: SHERIFF DEPUTY**

**POST-OFFER EMPLOYMENT & AGILITY TEST**

**Patient Name:** \_\_\_\_\_

**Today's Date:** \_\_\_\_\_

Below are the unique physical demands that are deemed essential for functioning safely in this specific job:

<u>ESSENTIAL FUNCTIONS</u>	<u>REQUIREMENT</u>	<u>RESULT</u>	
3 MIN STEP TEST	Complete 3 min step test and scores fair or above	ABLE	UNABLE
LIFT	50# floor to waist	ABLE	UNABLE
CARRY	50# for 50-feet	ABLE	UNABLE
PUSH / PULL	100# sled 25-feet	ABLE	UNABLE
MAINTAIN STATIC KNEELING	Forward flexed position for 2 minutes performing CPR	ABLE	UNABLE
RESCUE	Drag mannequin 25-feet & turn 180 and return to starting place	ABLE	UNABLE
UNEVEN SURFACES NAVIGATION	Walk on uneven surface 6 feet x 2	ABLE	UNABLE
RUNNING	Figure 8 running CW x 3, CCW x 3 With 4-foot overhead obstruction	ABLE	UNABLE
JUMPING	Jump in place x 5 Jump off 19" mat table x 2 Jump over 24" hurdle 2 trials allowed	ABLE ABLE ABLE	UNABLE UNABLE UNABLE
CRAWL	Crawl 5-feet, through hurdle, and crawl An additional 5-feet	ABLE	UNABLE
SHOOTING POSITION	Drop to ground lying with torso Totally in contact with ground Resume standing in 5 secs	ABLE	UNABLE
TRIGGER FINGER	Demonstrates 14-pounds of pull	ABLE	UNABLE

Physical Therapist's Comments: \_\_\_\_\_

Physical Therapist's Signature: \_\_\_\_\_

**Corporate Care Physical Therapy:**

Mary Beth Desko, PT, DPT, CEAS1     Russ Wiglesworth, PT, CEAS1     Other: \_\_\_\_\_

**Date Essential Function Test Created:** 4/20/2020    **By:** Mary Beth Desko, PT, DPT    **Level:** (4)    **Validated:** \_\_/\_\_/\_\_\_\_